

SAISD CHILD NUTRITION SERVICES
FRESH FRUIT & VEGETABLE PROGRAM

BRAEBURN APPLES



This crisp and juicy, delicious apple is packed with vitamins and fiber that keep our bodies healthy and strong. Braeburn apples have a beautiful red and green skin, and inside, they're sweet and slightly tart, making them a tasty snack any time of day. These apples were discovered in New Zealand in the 1950s. They've since become popular all around the world for their amazing taste and texture.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER